

Lunch Menu

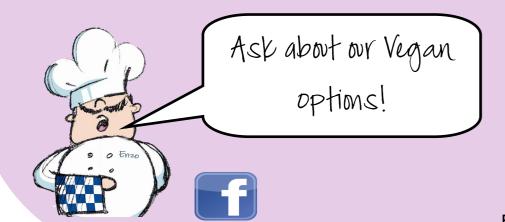
To start/Light bites...

Chef's homemade soup of the day served with warm, crusty bread £5.50

Pan fried button mushrooms with garlic & onions in a creamy white wine sauce £6.50 Or why not have it as a main for £11.00!

Beetroot and goat's cheese salad – Honey glazed goat's cheese on a beetroot and walnut salad tossed in a honey and mustard dressing (V) £6.00 Or why not have it as a main for £11.00!

Prawn salad coated in caesar dressing, served with garlic bread £6.50 Or why not have it as a main for £12.00!



Tempting lunches...

The famous Waves burger - Homemade with fresh British beef, onions, shallots, herbs and spices served in a toasted brioche bun with relish served with golden chips and salad garnish.. £11.95

Chef's mouth-watering British beef lasagne - with mozzarella, cheddar & parmesan served with golden chips and salad garnish.. £12.95

Proper Fish & Chips - Fresh fillet of plaice deep fried in chef's secret recipe batter, served with golden fries and garden peas - just as it should be!.. £11.95

Penne pasta with Cajun chicken in a rich tomato sauce.. £10.95

Linguini with cooked minced pork, celery ,onions, fennel seeds, white wine and cream sauce.. £10.50 Pasta with sautéed Italian vegetables in a rich tomato and basil sauce (VG).. £10.50

Spiced Italian vegetable wrap, coated with grated mozzarella cheese, served with salad garnish and golden chips (V)... £10.50

Jacket Potatoes...

Crispy, oven baked and generously filled with your choice of...

Bolognaise // Baby prawns in Marie Rose sauce // Tuna, mayo & sweet corn // Cheddar & baked beans (V) // Italian veggies in a rich tomato & basil sauce (V)

Side orders...

Garlic Potatoes £3.00

Side Salad £3.00

Chips **£3.00**

Garlic Ciabatta £3.00

Fresh, seasonal vegetables £3.00

Basket of fresh bread and olives for two £4.50

Creamy black pepper sauce £2.00

Basket of fresh bread £3.00

Allergy Information

V = Vegetarian

VG = Vegan

Many dishes are gluten free or can be made gluten free on request

Please inform your server of any dietary requirements

Hot Paninis ...

The classic 'grilled' Italian sandwich with your choice of... Ham, cheese & tomato // Chicken with pesto & cheese //Bacon & brie // Mozzarella, tomato & basil (V) All £7.95

Desserts ...

Let us tempt you with today's delicious dessert selection £6.00

01834 870085 www.celtichaven.co.uk/waves

Waves is open every lunch time and from 6pm every Monday, Tuesday, Thursday, Friday, and Saturday (We also open on Wednesday evenings during main school holidays)

Turn over to see our delicious pizza menu!