

# Waves

THE ITALIAN  
RESTAURANT

## Enzo's grill...

Chicken Supreme burger marinated in Cajun spice served in a toasted brioche bun. **£12.95**

Chargrilled 8oz sirloin steak served with mushrooms cooked in a garlic butter **£17.95**

*Served with salad and a choice of chips, baby potatoes or jacket potato*

Grilled pork chop marinated in rosemary and garlic, served with apple and ginger chutney **£12.95**

*Served with a choice of chips, baby potatoes or jacket potato*

Grilled fillets of seabass and red mullet served with a white wine and prawn sauce **£16.50**

Pan-fried turkey escalope with a Welsh cider and cranberry sauce **£12.95**

*Served with seasonal vegetables & baby potatoes*

Roasted monkfish medallions served on a spiced coconut, chickpea and vegetable stew served with chips

## Evening Grill Menu

### To start...

Chef's homemade soup of the day with warm, crusty bread **£5.50**

Anitpasta Misto for two - Today's selection of cured meats, olives and fresh Italian breads **£12.95**

Crispy battered garlic king prawns with a lemon and a salad garnish **£8.50**

Moules Mariniere - Classic mussels in a delicious garlic, white wine, herb and cream sauce served with warm bread for dunking **£8.50** (or enjoy as a main for **£13.50**)

Arancini Zanato - risotto balls filled with onions, garlic, basil and parsley - deep fried and served on a spiced tomato sauce spread (VG) **£6.95**



Ask about our  
Vegan options!

See the board for  
daily specials!



01834 870085 [www.celtichaven.co.uk/waves](http://www.celtichaven.co.uk/waves)

Waves is open every lunch time and from 6pm every Monday, Tuesday, Thursday, Friday, and Saturday (We also open on Wednesday evenings during main school holidays)

## Pasta & Rice ..

Chef's mouth-watering British beef lasagne, homemade with mozzarella, cheddar & parmesan served with golden chips and salad garnish **£12.95**

Smoked haddock and prawn risotto with a white wine sauce **£13.50**

Mozzarella, basil and sundried tomato ravioli on a coconut, vegetable and chickpea curry sauce (VG) **£12.50**

Penne pasta with Italian vegetables in a rich tomato sauce (V) **£10.50**

Linguini served with minced pork cooked with onions, garlic, celery, white wine, fennel seeds, chilli flakes and cream **£11.50**

Penne testarossa - chargrilled strips of steak in a spiced tomato sauce **£14.50**

## Side orders...

Garlic Potatoes **£3.00**

Side Salad **£3.00**

Chips **£3.00**

Garlic Ciabatta **£3.00**

Fresh, seasonal vegetables **£3.00**

Basket of fresh bread **£3.00**

Creamy black pepper sauce **£3.00**

Bread and olives for two **£5.95**

## Desserts...

Let us tempt you with today's delicious dessert selection **£6.00**

### Allergy Information

V = Vegetarian

VG = Vegan

Many dishes are gluten free or can be made gluten free on request

Please inform your server of any dietary requirements when